



VOLUNTEER OPPORTUNITIES

Our annual Family Ride Run Walk fundraiser wouldn't be possible without the help of our many enthusiastic volunteers. Thank you in advance for donating your time!

HOW TO BECOME A VOLUNTEER

- 1) **REGISTER FOR THE EVENT:** Starting July 18, register at your chosen event site by visiting [OFHRRW.org](https://www.ofhrrw.org), or by calling us at 414-671-1212 to request a paper form.
- 2) **SIGN UP FOR YOUR VOLUNTEER SHIFT(S):** After you've registered, sign up for specific volunteer activities by completing our online form at <https://tinyurl.com/OFHRRW2023-volunteer>, or calling us at 414-671-1212.

VOLUNTEER ACTIVITY OPTIONS

Here are some of the volunteer opportunities you can sign up for...

PRE-EVENT:

- **OFH Ambassadors (formerly called Pacesetters)** take a leadership role in their congregations during the summer months, particularly in August, to gather support for and communicate the goals of the event.
- **Route-marking volunteers** post directional arrows and motivational signs along each route. We typically suggest teams of two people per car. Route-marking is done the day before the event.
- **T-shirt distribution volunteers** visit congregations to deliver team event t-shirts that are printed before the event.

EVENT DAY (Saturday, Sept. 30):

- **Set-up support volunteers** assist with early morning load-in and set-up of event sites on Saturday morning before the event starts.

- **Greeters** welcome participants and volunteers to the event, answer questions, and offer assistance as needed.
- **Registration volunteers** check in participants and volunteers, provide general event information, and distribute t-shirts.
- **Rest stop support volunteers** provide water, energy drinks, fruit and nutritional snacks at rest stops along the routes.
- **Traffic control volunteers** are stationed along the roadside of key intersections to alert participants of oncoming traffic or other potential hazards.
- **SAG drivers** drive Support and Gear (SAG) vans along all routes. When a participant needs help, these volunteers can drive them to the next rest stop to rest, receive first aid attention, or get their bike repaired.
- **Emergency Medical Services (EMS) Certified emergency medical technicians** are present on site and ready to go where needed. They can administer first aid and summon further medical assistance if necessary.
- **Starting and finish line volunteers** cheer on participants as they begin the event and as they cross the finish line.
- **Safety / sweep volunteers** cycle the routes to identify potential road hazards, remind participants to obey traffic laws, provide minor bicycle repairs, give moral support, and ensure all participants have safely completed their route.
- **Lunch volunteers** set up and serve lunch.
- **Tear-down / clean-up support volunteers** assist with tear-down, load-out and final clean-up of event sites on Saturday afternoon following the event.

QUESTIONS?

Contact event coordinator Penny Schwid at penny@outreachforhope.org or 414-534-7983.